

Curriculum Overview Personal Development and PSHE inc. Relationships & Sex Education 2026-2027

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7	Students will address the changes that young people experience, beginning with the transition to secondary school and the challenges of adolescence and their increasing independence. Students build on the knowledge and understanding, skills, attributes, and values they have acquired and developed during the primary phase.	Managing Change	Friendship, Respect and Relationships	Puberty and Body Development	Staying Safe Online and Offline	Rights, Responsibilities and British Values	Celebrating Differences
Year 8	Students will broaden their knowledge and understanding of how they fit into today's society. Students will develop the knowledge to stay safe and confidently navigate increasingly complex online and face to face relationships in current and future societal and political environments.	Physical Health and Wellbeing	Identity, relationships and Sex education	Society online and offline	Law, Crime and Society	Employment Sectors and Careers	Celebrating Diversity & Equality
Year 9	Students will strengthen and expand their knowledge and understanding to stay safe and confidently navigate increasingly complex online and face to face relationships in current and future societal and political environments. They will begin to make sense of and make informed	Body Confidence	Relationships and Sex Education	Legal and Illegal Drugs	World Of Careers	Business and Finance	Combatting Extremism and Terrorism
Year 10	Students will develop a greater knowledge and understanding of the world and how they fit in it. They will be able to confidently navigate an increasingly complex online and face to face relationships in current and future societal and political environments. They will begin to plan their Post 16 pathway.	Mental Health and Wellbeing	Violence, Crimes and Seeking safety	Rights and Responsibilities	Risks, Relationships and Sex education	Careers and Employment	Exploring World Issues
Year 11	Students will confidently and independently demonstrate their knowledge of the world around them. Students will be ready for their exams and enter their post 16 pathways as resilient, curious learners and well-rounded individuals.	Study Skills / Raising Achievement	Financial Education	Study Skills / Raising Achievement	Study Skills / Raising Achievement	Study Skills / Raising Achievement	Study Skills / Raising Achievement